


A Sampling of **RESULTS** *from Year 1 HS Exit Surveys*
 SEPTEMBER 30, 2020 TO MARCH 31, 2021

After our classes, teens said they were more likely* to...




SELF-EFFICACY, EMOTIONAL REGULATION, AND SOCIAL COMPETENCE

Resist peer pressure 44%	Be respectful to others 67%
Choose to spend time with friends that keep them out of trouble 56%	
Manage their emotions in a healthy way 44%	Think about consequences before making a decision 57%



DRUGS, TOBACCO, & ALCOHOL



Make decisions not to drink	22%
Make decisions not to smoke	34%




SAFE DATING AND OTHER RELATIONSHIPS

Better understand what makes a relationship healthy
100%

Talk to a friend if someone they are dating or going out with pressures them to participate in sexual acts
81%

Talk to a friend if someone they are dating or going out with makes them uncomfortable, or hurts or pressures them
93%


Talk to a trusted adult if someone [else] makes them feel uncomfortable, or hurts or pressures them to do things
93%



CLASS EXPERIENCE "ALL OR MOST OF THE TIME"

Did you feel the material was clear?	97%
Did you feel respected as a person?	100%

GOAL ORIENTATION AND COMMUNICATION SELF-EFFICACY



Make plans to reach their goals 69%	Care about doing well in school 65%
Speak up or ask for help if they are being bullied 87%	Speak up or ask for help if others are being bullied 94%
Plan to have a steady full-time job before having a child 86%	

* Net percentage of high school students who took at least one class sponsored by Penn's Youth Initiative and responded "somewhat more likely" or "much more likely" on the exit survey.